

GET FIT FOR LIFE

NKDC's face-to-face healthy life programme is back! Debbie Chessum NK Health Trainer, is running a ten week programme in Ruskington (Winchelsea Hall) from 29th September to 8th December every Thursday morning from 9.30am until 11.30am.

Anyone who lives or works in North Kesteven, is over the age of 18, and has a BMI of over 30 can participate for free. The course looks at food groups, portion sizes, labelling, food triggers, sugars, fats, physical activity, smoking, alcohol and more.

Each session also has a physical activity such as Tai Chi, health walk, Zumba, seated Yoga, Pilates and more. If you or anyone is interested in attending, please contact Debbie at NKDC on 01529 414155.

PARISH COUNCILS - CODE OF CONDUCT WORKSHOPS

North Kesteven adopted the new Local Government Association (LGA) model code of conduct in May 2022.

The new Model Code is clearer in terms of obligations around the standards of behaviour and conduct mean and how they should be followed. Alongside the guidance gives useful examples making it more understandable to members, officers, and the public alike. Having one single code provides consistency and reflects common expectations that the public have in relation to the conduct and behaviour of elected Members.

The code and guidance along with a summary of the arrangements around adopting the code has been previously shared with parish councils at the end of May and the beginning of June. Since just over twenty parish councils in the District have now adopted the new Code and NKDC encourage the others to do so as soon as possible.

Templates of the Code and Guidance are available for councils to use as part of adopting. NK's thanks to Washingborough Parish Council for providing their template version which some councils might find more user friendly.

An online workshop event specifically for parish clerks/councillors remains on 5th September, to be delivered by the Monitoring Officer. There will be maximum numbers at each event to ensure ease of participation. NKDC do plan to offer a further date in the Autumn. These dates are Thursday 13th October at 6pm- 8pm and Monday 28th November 6pm-8pm if you have not already booked for 5th September 5pm-7pm.

MAJOR A17 IMPROVEMENTS

This is an update on last month's newsletter:-

Works to reconstruct the section of A17 between Beckingham and Leadenham will start on Monday 12th September.

The total programme of works is expected to last for up to 3 1/2 months, subject to weather. There will likely be a break in the works during the Christmas period.

As part of the scheme, the A17 between Sleaford Road in Beckingham to Leadenham Low Fields, will be closed overnight from 7pm until 6am, weekday nights only.

Please note that some weekend working will be required from 7pm Friday night until 6am on the following Monday morning. The proposed weekends are 30th September to 3rd October; 7-10th October; and 14th -17th October.

NORTH HYKEHAM RELIEF ROAD INFORMATION EVENTS ANNOUNCED

Anyone interested in meeting the project team and finding out more about the North Hykeham Relief Road is encouraged to attend one of the public information events taking place during week commencing 12th September.

People will have the opportunity to ask questions and will be invited to share their views about their particular aspects of the North Hykeham Relief Road project during series of upcoming drop-in sessions.

Below are dates and locations:

Tuesday 13th September at Bentley Hotel (Newark Road, LN6 9NH)

Wednesday 14th September at Waddington Community Hub (High Street LN5 9RF)

Thursday 15th September at Bracebridge Cricket Club (Cross O'Cliff Hill LN4 2HL)

Please note that all events are from 3-8pm

In addition to sharing views with the project team at the public information events, an online survey will also be available for people to complete from Monday 12th September at

www.lincolnshire.gov.uk/norris

NK COMMUNITY CHAMPIONS - DEADLINE APPROACHES

NK Community Champion Awards programme has 11 categories this year.

Across the categories we seek to recognise most types of voluntary contribution and business's that show true community focus, especially connect with NK's own Council priorities and emphasis. In particular:-

Contribution to Climate Action

Community Spirit

Young Achievers

Community Businesses

Contribution to Arts and Culture, Sport, Community Safety, a Better Environment and Wellbeing.

Good Neighbourhoods

Long-standing Contributions to a Group or Organisation

More details at :-

www.nkawards.org

COMMUNITY OWNERSHIP FUND (ROUND TWO)

The government is providing £150 million pounds over four years to support community groups in England, Scotland, Wales and Northern Ireland to take ownership of assets and amenities at risk of being lost such as community centres, parks, pubs and post office buildings. Voluntary and community groups can bid for match funding to acquire important assets and run them for the benefit of the local community.

The DLUCH's Community Ownership Fund is open for expressions of interest with a short form that needs to be completed which includes 26 questions. If successful, DLUCH will invite the community group to submit a full application for the fund. There is a deadline for expressions of interest or applications.

[HTTPS://www.gov.uk/government/publications/community-ownership-fund-round-2-webinar-slides](https://www.gov.uk/government/publications/community-ownership-fund-round-2-webinar-slides)

More information:

<https://www.gov.uk/government/collections/new-levelling-up-and-community-investments>

Best Wishes
Lucille



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A promotional graphic for the NK Community Champion Awards 2022. It features a central circular logo with the text "NK Community Champion Awards 2022". To the right, there are three small photographs: one of a brick building, one of a man in a plaid shirt, and one of a woman (Cllr Lucille Hagues) smiling. A red circular button with the text "NOMINATE THEM TODAY" is positioned to the right of the photos. Below the logo and photos, the text "Know a champion in your community?" is displayed. At the bottom, a white box contains the text "Nominate someone for a Community Champion Award. Visit the website to choose a category for your champion!". At the very bottom, the text "Visit: www.NKawards.org Tweet: #NKchampions" is shown.

NK Community Champion Awards 2022

Know a **champion** in your community?

Nominate someone for a Community Champion Award.
Visit the website to choose a category for your champion!

Visit: www.NKawards.org Tweet: #NKchampions