

CO-OP FUNDING - CALL FOR SLEAFORD APPLICANTS

Funding applications for Lincolnshire Co-op's Community Champions scheme are open for summer 2022, and the team are particularly keen to receive applications from causes in the Sleaford area. The closing date is Friday 4th March 2022.

The Community Champions scheme is just one of the ways Lincolnshire Co-op supports the local community. The scheme welcomes applications from all groups who make life better for their community, for example ; environment projects, health and wellbeing groups, community venues, schools and young people groups.

They can't confirm how much has been raised until the end of the fundraising period, however the aim is that each charity or fundraising group may receive between £250 - £1000 (typically around £500). Any charity, community group or not-for-profit organisation can apply, providing that the money raised is used locally.

Every time a Lincolnshire Co-op member shops in outlets, a donation will be made to the Community Champion for that area. Money is also raised through activities, events and collection boxes.

Groups are welcome to apply online via <https://www.lincolnshire.coop/ccapply>

NATURE AND BIODIVERSITY PROJECTS

NKDC are gathering information on biodiversity projects that are happening around the District. Are you serving on any committees, boards or groups that are undertaking projects to benefit biodiversity?

If so, please contact communications@n-kesteven.gov.uk

SAVE THE DATE - 26TH MARCH

Earth Hour at Mrs Smith's cottage and the wider village of Navenby.

The Council's tourism venue in the village will be running an extensive engagement programme in Navenby to mark the Earth Hour, including light based artworks, nature activities and the heritage of the cottage. Please mark the evening of 26TH March in your calendar.

ENERGY PRICE RISES

Although NKDC await detailed guidance For local authorities on the provisions put in place by Central Government, please find below a comment from Council Leader Cllr Wright.

'I hope households find some reassurance in seeing the provision drawn up, given the financial difficulties many people have coped with throughout the pandemic and the additional pressure that households may now face with the rising costs of living going forward. The planned discretionary fund for local authorities is particularly welcome in helping assist those who may not be otherwise be eligible for this one-off Council Tax energy rebate but find themselves in financial difficulty.

There is information on the Council's website on energy, including advice on contacting your provider if your struggling and schemes to help homes are as energy efficient as possible. These will continue to be updated. 'There is information at

www.n-kesteven.gov.uk/residents/council-tax-and-housing-

RIVER SLEA FLOOD RESILIENCE PROJECT

Start date is March 2022 and the end date is October 2026 to provide 582 households to be better protected. This project covers the River Slea to Cobblers Lock. Work has begun on the hydrology method hydraulic modelling. The E.A has been invited to join a River Slea partnership by NKDC who

have also asked the Slea Navigation Trust and Anglian Water. This is seen as crucial to finding a way forward for a climate resilient, sustainable. Low carbon future for the river that could be a real asset to the town and for visitor economy.

VOLUNTEER SUPPORT FOR PEOPLE IN MENTAL HEALTH CRISIS

Lincolnshire Partnership NHS Foundation Trust (LPFT) has announced that as part of its work to support and improve the mental health crisis care offered in Lincolnshire, three new NIGHT LIGHT CAFE'S have been opened in Gainsborough, Grantham and Spalding. There are already ten Night Light Cafe's open in Lincoln.

LPFT has explained that Night Light Cafe's are safe spaces that offer out of hours, non clinical support service and are staffed by teams of trained volunteers who are available to listen. Night Light Cafe's also provide Signposting advice and information on other organisations that may be able to help with specific needs, such as debt advice or emergency food parcels. They can provide users somewhere to go and something to do before they reach a mental health crisis, which helps reduce the involvement in public services involvement. People are asked to call or send a quick message to book in advance to make sure that someone is available to listen and help at the cafe. The Night Light Cafe's are funded by NHS ENGLAND and NHS Improvement as an integral part of Lincolnshire's Mental Health Transformation Programme.

SUICIDE PREVENTION IN LINCOLNSHIRE

Data from 2016 to 2019 tells the NHS that:

26% of suicides were among people aged between 50-59 years, 83% which were men.

14% of people who died by suicide were born outside the UK.

51% were either employed or self employed at the time of death.

The most common form of suicide was by hanging, strangulation or suffocation, used in 60% of suicides.

70% Of suicides were in their own home.

43% had known suicidal tendencies and 40% of those who died by suicide had made at least one previous attempt.

67% of people who died were known to have experienced some form of mental health.

Risk Factors

Relationship breakdowns contribute to suicide risk, the greatest risk is among divorced men.

People who live in deprived areas where there is less access to services.

Men working in low skilled occupations had a 44% higher risk of suicide than the male national average. The risk among low skilled male labourers particularly those working in construction rolls.

Key Findings

There were 75 registered deaths in 2019 and 90 deaths in 2020 due to suicide.

Deaths from suicide amongst women decreased from 18 in 2018 to 9 in 2019. However in 2020 the number increased to 23. Deaths amongst men from suicide fell from 63 in 2018 to 55 in 2019 but again increased to 61 in 2020. Men made up 86% of all deaths from suicide in Lincolnshire in 2019 and 73% in 2020.

There were 230 deaths from suicide in Lincolnshire between 2017 and 2019 and 255 between 2018 and 2020.

Suicide in Lincolnshire, by broad age group and district 2018-2020.

District.	30-49.	50-69.	70 plus
Boston.	10		
East Lindsey	15.	20.	10
Lincoln.	10.	20.	15
Nth Kesteven	10.	10	
Sth Holland.	10		
Sth Kesteven	10.	10	
West Lindsey	10.	10	

Findings from the Coroner's data showed that 78% of deaths from suicide between January 2016 and February 2019 were men, 67% had experienced mental health problems.

Recommendations

Suicide audits should continue to be produced annually, to support the Lincolnshire Suicide Prevention Strategy and Action Plan 2020-2023.

There is a need to access Coroner's records one death by suicide in order to understand potential risk factors. Monitor the impact of Covid 19 pandemic on the population health and wellbeing as new and additional evidence emerges and direct targeted interventions at groups identified as having an increased risk of death by suicide.

Best Wishes

Lucille



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